



Montana Office of Public Instruction
Denise Juneau, Superintendent
In-state toll free 1-888-231-9393
www.opi.mt.gov/IndianEd

Model Lesson Plan

Health Enhancement Traditional Games Kindergarten

Ring Games

Stage 1 Desired Results

Established Goals

Health Enhancement Standard 6, Benchmark 4.2: ... **tell ways to show** care, consideration, and respect of self and others (**parents, peers, elders**).

Essential Understanding 1: There is great diversity among the 12 tribal Nations of Montana in their languages, cultures, histories and governments. Each Nation has a distinct and unique cultural heritage that contributes to modern Montana.

Understandings

1. Understand that everyone has a culture. It shapes how families see themselves, and others.
2. Understand that we may not agree with each other, but conflicts can be solved without harm to ourselves or to others.

Essential Questions

1. How does family (kinship) shape what we believe?
2. When playing games, how are disagreements settled?

Students will be able to...

1. Keep “practicing” until improvement occurs.
2. Demonstrate control of stick and ring so at least one “ring” occurs.
3. Play with any partner assigned.
4. Solve a problem regarding disagreements in rules or points.

Students will know...

1. What eye-hand dexterity means.
2. Know how to place ring on floor, lift stick with soft jerk to cause the ring to fly into the air at least once and have the stick's end go through the ring.
3. Family and culture make people different from each other.
4. Give one idea for solving a conflict about points in game.

Stage 2 Assessment Evidence

Performance Tasks

1. Practicing
2. Ring the Stick
3. Cooperates with assigned partner
4. Problem solving

Stage 3 Learning Plan

Teaching Area

Area large enough for students to play side by side with sticks in hand. Space per pair should be 10'x10'.

Equipment needed

One "Ring the Stick" per student. For a kindergarten aged child, the willow should be 18" long, with a string (sinew) 18" in length, tied to a hoop 6" – 8" diameter.

Rules

Ring the Stick (almost universal Indian youth game). Starting with the "ring" on the floor and the stick in hand (ring attached to stick by string), the student will jerk on the stick so as to make the ring fly up into the air, then the student will attempt to put the far end of the stick through the ring for a point.

(Once learned, there can be many variations on the progression of play such as an inside circle playing against the players on the outside of circle, pairs, or teams.)

1. Understand that manual dexterity (hand-eye coordination) improves with practice.
2. Understand that eyes, hands, muscles, and brain move together to achieve the task.

Vocabulary

Dexterity: Skill in using one's hands expertly.

Territory: The land and water(s) under the authority of a band, clan, or nation.

Tolerance: Understanding of others' views, beliefs, practices, etc.

Kinship: How a person is related to another. Each person in the old Plains Indian culture had to "Obey the kinship rules; one must be a good relative." (Ella Cara Deloria, *Waterlily*. University of Nebraska Press, 1988, preface) "Every other consideration was secondary—property, personal ambition, glory, good times, life itself. Without kinship, they would no longer even be human (civilized). And to be civilized was to keep the rules imposed by kinship for achieving civility, good manners, and a sense of responsibility toward every individual. Thus was it possible to live communally (with others) with success; that is to say, with a minimum of friction (trouble) and a maximum of good will."

Concepts

{tolerance, circle, territory} Understand that tribal people of long ago gathered to trade things they had made or gathered. Children also shared their play toys and ideas for games. Tolerance (getting along with others who were different in age, language, band, clan, or family) was expected by and through the

kinship system. Some games had family or band rules about whether boys or girls could play certain games or whether children of a certain age could have the play equipment (such as tops or bows and arrows).

Health Enhancement Traditional Games Kindergarten Ring Games (continued)

Safety

Make certain students understand the space needed to “Ring the Stick” without the equipment touching anyone else or a barrier.

Resources

Books

“Blackfeet Children’s Games” by Int. Traditional Games Society (July 2007)

“Traditional Connections: Recovering American Indian Games” International Traditional Games Society (August 2007)

DVD

“Recovery of American Indian Games” by Eagle Watch and Int. Traditional Games Society, available from I.T.G.S., PO Box 406, East Glacier, MT, 59434. Information on: www.traditionalnativegames.org

Web Sites

International Traditional Games Society: www.traditionalnativegames.org

Montana Office of Public Instruction, “Indian Education for All”,
<http://www.opi.mt.gov/IndianEd2/Index.html>

Great Falls Public Schools, Indian Resource Library and “Indian Education for All” lessons
www.gfps.k12.mt.us click on departments, choose “Indian Ed Program/Library”